

# 3rd World Conference on Cluttering

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University of Silesia in Katowice, Poland



Photo: R. Borsuk / UM Katowice

## Invited Talk

## Abstract

### How to get the right diagnosis

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A preliminary study of a population of 172 people, older than 9 years, who registered in a private practice (specialized in fluency problems) with a fluency problem showed that most of them report they are stuttering (almost 90%). In a lot of the cases these people attended other therapies, but these "didn't do the trick". In more than 16% of the cases the initial problem mentioned did not appear to be the right diagnosis.

The majority of these people did not (just) stutter, but showed cluttering or the mixture of cluttering and stuttering.

During this session the author will show what the differences and commonalities between stuttering and cluttering are and what the importance of the right diagnosis is.

She will also show what the main characteristics are that make it easier to get the right diagnosis, so will be able to offer a client a therapy plan that is tailored to the client's needs.